

FACULTY

Benefit from instructors who are highly experienced with complex neonatal and pediatric patients

Catherine Shaker MS/CCC-SLP, BCS-S is a Pediatric Speech-Language Pathologist with over 45 years' experience with neonates, medically fragile infants, and children through school age with complex needs across the continuum of pediatric settings. An ASHA Board Certified Specialist in Swallowing and Swallowing Disorders, Ms. Shaker has worked full-time in large Level III and IV NICUs for over 38 years, most recently at Advent Health for Children in Orlando. She has published several manuscripts on NICU intervention, and co-authored The Early Feeding Skills Assessment Tool with Dr. Thoyre. Ms. Shaker received the Pioneer Award from NANT (The National Association of Neonatal Therapists) and is a recognized leader in NICU practice and supporting EI clinicians following NICU graduates. She is NDT trained, and an invited lecturer internationally nationally for therapists, nurses & physicians.

Theresa Gager MS/CCC-SLP has 37 years experience as a Pediatric Speech-Language Pathologist, with children from infancy through school age with complex swallowing, feeding, oral-motor and respiratory problems. She is NDT trained, has serviced children in schools, outpatient, home health, EI and the NICU. Teaches and consults. Down to earth, a sought-after problem-solver.

Suzanne Thoyre RN, PhD, FAAN is Professor at the University of North Carolina at Chapel Hill School of Nursing. Dr. Thoyre has worked as a neonatal nurse for 33 years and coordinated the Neonatal Nurse Practitioner Program at the University of North Carolina. She lectures extensively nationally and internationally on cue-based feeding. Her research studies focus on the physiology of preterm infant feeding, mother/nurse-infant feeding interactions, and infants' behavioral and physiologic responses to specific feeding interventions. A gifted and amazing researcher who brings current insights to infant-guided NICU feeding - will change your practice!

Catherine Shaker Seminars 2023

ADVANCED INFANT AND PEDIATRIC DYSPHAGIA

- | | |
|--------------|---------------|
| ❖ Sept 1-2 | Baltimore, MD |
| ❖ Sept 23-24 | Yonkers, NY |
| ❖ Oct 16-17 | Boston, MA |

PEDIATRIC SWALLOWING/ FEEDING

- | | |
|--------------|------------------|
| ❖ July 19-20 | Indianapolis, IN |
| ❖ Sept 20-21 | Yonkers, NY |
| ❖ Oct 13-14 | Boston, MA |

PEDIATRIC SWALLOW STUDIES

- | | |
|-----------|------------------|
| ❖ June 5 | Miami, FL |
| ❖ July 21 | Indianapolis, IN |
| ❖ Aug 31 | Baltimore, MD |
| ❖ Sept 22 | Yonkers, NY |
| ❖ Oct 15 | Boston, MA |

NICU SWALLOWING AND FEEDING

- | | |
|--------------|------------------|
| ❖ June 3-4 | Miami, FL |
| ❖ July 22-23 | Indianapolis, IN |

THE EARLY FEEDING SKILLS ASSESSMENT TOOL

- | | |
|----------------|---------------|
| ❖ August 29-30 | Baltimore, MD |
|----------------|---------------|

PEDIATRIC RESOURCES INC.
P O Box 2536
Windermere, FL 34786-2536

ROUTE TO:

- Speech-Language Pathologists
- Occupational Therapists
- Physical Therapists

Catherine Shaker Seminars!

For those in EI, hospital, private practice or school-based!

NICU SWALLOWING/FEEDING:

In the Nursery and After Discharge

INSTRUCTOR: Catherine Shaker

Cutting-edge 2-days with an expert in the NICU. Essential evidence-based information for managing the complex swallowing and feeding needs of preterm and sick term infants in the NICU and in Early Intervention. Functional problem-solving approach to assessment and treatment, including a broad range of interventions and how-to problem-solve. Hear the latest research and how it applies. Case studies and videos of neonates feeding enhance learning. Gain confidence with babies you are seeing in EI and with supporting parents. Attendees have said this is "The best NICU course you can find!" and "Now I know how to help my babies in EI!" Leave with evidence-based resources for future learning.

Learning Outcomes

- Describe the impact of medical and developmental issues on swallowing and feeding in the NICU
- Delineate the differences between feeding and swallowing behaviors: preterm infant vs. normal newborn vs. sick term infant vs. the chronically ill premie
- Discuss assessment and treatment strategies for swallowing and feeding in this specialized population
- List strategies for managing the complex needs of these infants and their families in the nursery and through the transition to home and community

Seminar Content

- The NICU Experience: Family Perspective
- Medical and Developmental issues: NICU and EI
- Term vs. Sick Newborn vs. Premie vs. Chronically Ill Preterm: issues and cue-based strategies
- Typical development/progression to feeding
- Assessment: Making sense of history, where to start, Readiness to feed, Safety issues, Swallow Studies, Recommendations, Documentation
- Intervention: Positioning, Nipples, Flow Rate, Swallowing, Suck-Swallow-Breathe, Care Plans, Breastfeeding, working with your team in NICU and EI
- Unique Follow-Up Issues, Optimizing Parent Support, Problem-solving on-going issues after discharge
- Networking with colleagues in NICU and EI

This course is offered for 1.35 ASHA CEUs (Intermediate level)
13.5 contact hours

Seminar 800 am - 400 pm both days
Check In 720 am - 745 am day one

PEDIATRIC SWALLOWING AND FEEDING: *The Essentials*

INSTRUCTORS: Catherine Shaker, Theresa Gager

Comprehensive 2-days covering assessment and treatment of swallowing/oral-motor/feeding from a problem-solving perspective. Neonates through school age. Current approaches, case studies. Videos to enhance learning. Essential skills for pediatric practice and problem-solving complex cases. Perfect for adult therapists moving to pediatrics. Multiple learning levels for both highly experienced therapists and new grads! This will change your practice.

Learning Outcomes

- Delineate normal swallowing (neonate -> adulthood)
- Describe the impact of atypical neuromotor development on oral-motor/feeding/swallowing
- Provide current treatment strategies for neonates, medically-fragile infants, babies, CP, sensory issues, feeding aversions, droolers, tube fed, oral-motor, biting/chewing
- Describe airway, breathing and flow rate issues that impact safety of feeding and intake
- Identify key criteria for nipples, bottles, spoons, cups.
- Describe a wide variety of intervention and problem-solving techniques, neonate->school-aged
- List key indicators to refer for a swallow study, what to expect, how to utilize information

Seminar Content

- Frame of reference: normal, atypical development
- Impacts on feeding/swallowing: airway, respiration, GI, sensory, behavior, postural issues
- How does the swallow change: impact on therapy
- Assessment: problem-solving babies to school-aged
- Swallow Studies: Why, what to expect, results
- Intervention and Problem-Solving
 - Positioning/Handling
 - Tactile sensory, preparation for oral exploration, feeding and sound production, Oral-Motor
 - Current modalities: applications in pediatrics
 - Diet and texture, biting and chewing progression
 - Nipples, bottles, cups, spoons: what and why
 - Sensory-behavioral feeding issues, approaches
 - Tube-fed kids: why, how, weaning to PO
 - Premies: key diagnostics and strategies

This course is offered for 1.3 ASHA CEUs (Intermediate level) 13 contact hours

Seminar 800 am - 400 pm both days
Check In 720 am - 745 am day one

PEDIATRIC VIDEOFLUOROSCOPIC SWALLOW STUDIES:

From Physiology to Analysis

INSTRUCTOR: Catherine Shaker

Evolution of physiology from infancy forward. Critical information for conducting and interpreting pediatric swallow studies and problem-solving at each juncture. Learn how to look beyond aspiration and appreciate the entire swallow pathway and its potential for compensations and maladaptations in relation to comorbidities. Procedures in preparation for and during the study that are most common across the US. Recommendations and optional treatment modalities specific to pediatrics will be highlighted. A pediatric history and report format provided to enhance learning. Videos of normal swallowing and typical radiographic swallowing problems will be shown. Case scenarios, and real-life examples discussed. Leave with a new appreciation for the essential current perspectives and the importance of problem-solving each infant/child and his unique presentation. Learn strategies to enhance MD understanding, buy-in and support from a clinician "in the trenches". Looking at the evidence-base, the big picture for that infant/child, and use of critical reflective thinking, not a cookbook approach.

Learning Outcomes

- Describe normal radiographic swallowing behaviors in pediatrics (neonate -> 5 years)
- Delineate differences between pediatric and adult studies
- Describe optimal procedures for pediatric patients
- Describe typical problems and compensations used in pediatrics
- Discuss recommendations and highlight treatment modalities specific to the pediatric population

Seminar Content

- Pediatric vs. Adult studies
- Criteria for referral & readiness for swallow study
- Preparing the family
- Normal swallowing physiology: Birth to Adulthood
- Protocol/Positioning/Textures
- Typical problems/Modifications, Strategies
- Analysis, Recommendations/Treatment Modalities

This course is offered for .65 ASHA CEUs (Intermediate level) 6.5 contact hours

Seminar 800 am - 400 pm
Check in 720 am - 745am

THE EARLY FEEDING SKILLS

ASSESSMENT TOOL:

A Guide to Cue-Based Feeding in the NICU and EI

Instructors: Catherine Shaker, Suzanne Thoyre

Join us for a Train-the-Trainer session on the Early Feeding Skills Assessment (EFS) Tool. Effective feeding care starts with assessment of what the infant needs to be successful. Learn to use the EFS to effectively provide an infant-guided approach to feeding. Simultaneously learn to train others back home to use the EFS to strengthen your unit's feeding care. Review current research, the role of experience, dynamic systems theory, and feeding outcomes after NICU. Videotapes with enhanced audio of swallowing and breathing to learn key skill areas of the EFS: respiratory regulation, oral motor and swallowing function, physiologic stability, engagement, and change in coordination patterns of s-s-b as infants develop. Gain confidence scoring early feeding skills as not yet evident, emerging or established. Learn components of an infant-guided, co-regulated approach to feeding and contingent adaptations that make this approach so effective, using the EFS to plan individualized interventions. Receive resources to train others to use the EFS. As a group, network and navigate challenging issues and role-model a collaborative feeding practice. This will change your NICU and EI practice!

Learning Outcomes

- Discuss outcomes related to feeding in preterms
- Describe the scoring process for the EFS
- Describe application of the EFS to a cue-based feeding approach and problem-solving
- Identify infant cues of stress during feeding specific to physiology, swallowing, and feeding
- Score and profile infant feeding specific to readiness, physiologic stability, oral-motor, & swallowing using videotaped feedings

Seminar Content

- Dynamic systems theory applied to feeding
- Preterm infant feeding skill development
- Systematic assessment using the EFS
- Scoring practice via videotaped feedings
- Application of EFS to intervention, use in your unit
- Problem-solving team issues and successes

This course is offered for 1.3 ASHA CEUs
(Advanced level) 13 contact hours

Seminar 800 am - 400 pm both days
Check In 720 am - 745 am day one

ADVANCED INFANT/PEDIATRIC

DYSPHAGIA: Problem-Solving Complex Patients and Practice issues

Instructor: Catherine Shaker

Two days of learning along with a master clinician. This timely interactive seminar will bring you essential information to enhance your effectiveness as a specialist in pediatric swallowing and feeding and a sought-after member of your team. Correlating clinical data, co-morbidities (airway/GI/nutrition/neurologic/oral motor/sensory), and the infant/child's behaviors is at the heart of completing a good differential. Apply critical problem-solving skills to complex diagnoses and their interaction, for NICU infants through school-aged children. Explore hot topics in dysphagia (e.g., thickening, NMES, swallow studies, tongue tie) practice issues, therapist-physician relationships. Discuss your challenging patients. Perfect for both the novice to take it all in, and for the experienced clinician searching for an advanced level of problem-solving for complex cases and professional issues. Attendees are encouraged to bring at least one case study to share with the group for problem-solving!

Learning Outcomes:

- Apply system-based differential diagnosis specific to clinical presentation of feeding/swallowing problems
- Apply critical reflective thinking to complex feeding/swallowing issues
- Explore strategies to address a wide range of feeding/swallowing problems
- Explain key concepts/challenges/evidence specific to at least three "hot topics" in pediatric dysphagia
- Navigate therapist-physician/team interactions

Seminar Content

- Complex interaction of respiratory, GI, airway, sensory and postural co-morbidities
- Case discussions and problem-solving
- Current challenges in service delivery across EI, hospital, school, and community settings
- Broad range of interventions and individualizing plans of care specific to clinical presentation

This course is offered for 1.3 ASHA CEUs
(Advanced level) 13 contact hours

Seminar 800 am - 400 pm both days
Check In 720 am - 745 am day one

LIVE WEBINAR All Things NICU

Feeding: Problem-Solving Your Babies, Clinical and Team Issues

Instructor: Catherine Shaker

NICU therapists typically encounter patients who are complex and require critical thinking and analysis. The All Things NICU Feeding webinar can help problem-solve your complex cases, practice issues and therapist-physician relationships. Join a master NICU clinician for live interactive and dynamic problem-solving sessions. Benefit from Catherine Shaker's more than 36 years' experience in large level III and IV NICUs. Each Zoom session will be unique, consider new cases, and with a different group of colleagues joining in to learn along with each other. Perfect for the experienced NICU clinician searching for an advanced level of problem-solving for complex cases and professional issues. Bring your patients, your daily challenges, and your questions.

Learning Outcomes

- List key components of problem-solving in the NICU
- Identify potential approaches to enhance your interprofessional relationships in the NICU
- Problem-solve complex feeding/swallowing patients via combining history, co-morbidities, and evidence-based interventions
- Describe current clinical issues/ "hot topics" and potential solutions to guide your practice

This course is offered for 0.3 ASHA CEUs
(Intermediate Level) 3 contact hours



**ASHA CE
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Pediatric Resources, Inc.

DISCLOSURES

Financial: Theresa Gager, and Suzanne Thoyre each receive an honorarium from Pediatric Resources Inc. Catherine Shaker is the owner of Pediatric Resources.
Non-Financial: Ms. Shaker and other speakers have no non-financial relationships to disclose

REGISTRATION INFORMATION

Fee includes seminar, handout materials and a certificate of completion.

There are three ways to register:

- Register Online with a credit card at www.Shaker4SwallowingandFeeding.com. We accept major credit cards.
- Mail in registration: personal or corporate check only. Complete this registration form and submit along with your check to:
Pediatric Resources Inc.
PO Box 2536
Windermere FL 34786-2536
- Limited Onsite (day of seminar) registration available subject to space. An additional fee of \$ 25.00 will apply. Please call 206-949-7630 to confirm that space is available.



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Pediatric Resources, Inc.

CANCELLATION POLICY

Tuition will be refunded, less a \$25 processing fee if notification is received *up to 14 days prior* to the seminar start date. Cancellations received later than two weeks prior to seminar start date may not be eligible for a refund; however, the registration fee may be applied to a future seminar, or a substitute attendee is allowed. **Pediatric Resources Inc.** is not responsible for any adverse events relating to travel to the seminar. We reserve the right to cancel the event 21 days prior to seminar date with full refund of tuition; not responsible for travel or other expenses.

REGISTRATION FORM

Please print clearly. Registrations are confirmed by email. To receive ASHA CEU credit, your email associated with your ASHA account and your ASHA number are required

First Name _____

Last Name _____

Address _____

City _____

State _____

Zip _____

Country _____

Phone _____

Email _____

Discipline _____

To receive ASHA CEU Credit, the following information is required:

ASHA Number _____

Email associated with ASHA Account _____

How did you hear about us? _____

I have read the cancellation policy.

For further information contact:

Pediatric Resources Inc.
P O Box 2536
Windermere, FL 34786-2536
(206) 949-7630
e-mail: pediatricseminars@gmail.com

Seminar Prices Regular Onsite

Adv Infant/Pediatric Dysphagia	\$ 465	\$ 490
NICU Swallowing and Feeding	\$ 440	\$ 465
Pediatric Swallowing and Feeding	\$ 440	\$ 465
Pediatric Swallow Studies	\$ 315	\$ 340
EFS: Cue Based Feeding in NICU	\$ 465	\$ 490

Select your 2023 Locations and Dates

Miami FL

- June 3-4 NICU Swallowing and Feeding
- June 5 Pediatric Swallow Studies

Indianapolis IN

- July 19-20 Pediatric Swallowing and Feeding
- July 21 Pediatric Swallow Studies
- July 22-23 NICU Swallowing and Feeding

Baltimore, MD

- Aug 29-30 EFS: Cue-Based Feeding
- Aug 31 Pediatric Swallow Studies
- Sept 1-2 Advanced Infant/Ped Dysphagia

Yonkers NY

- Sept 20-21 Pediatric Swallowing and Feeding
- Sept 22 Pediatric Swallow Studies
- Sept 23-24 Advanced Infant/Ped Dysphagia

Boston MA

- Oct 13-14 Pediatric Swallowing and Feeding
- Oct 15 Pediatric Swallow Studies
- Oct 16-17 Advanced Infant/Ped Dysphagia

Check website for any additional sites.

Shaker4SwallowingandFeeding.com